

USE AND CARE

Congratulations on your purchase of an Obus Forme® by Conair™ Lowback™ Backrest Support. The award-winning Obus Forme® by Conair™ Lowback™ Backrest Support provides support and comfort for your back to assist in the relief of back discomfort.

The “S”-shaped frame conforms to the contours of the back to guide the spine into correct alignment and place you in a proper sitting posture. The Lowback™ Backrest Support, lightweight and portable, turns any chair into an ergonomic seating system; it can be used in the home, office, vehicle, or anywhere else you sit. (Before using your Lowback™ Backrest Support in a vehicle, please consult the owner's manual to ensure that you can properly adjust your vehicle's seat and/or headrest after installation.)

QUESTIONS & ANSWERS

Q. How does the Obus Forme® by Conair™ Lowback™ Backrest Support fasten to a seat or chair?

A. It stays in position when the elastic stretch loop is placed or stretched over most chairs or vehicle seats. The stretch loop is not necessary on couches or sofas.

Q. Why use a lumbar support pad?

A. The lumbar support pad provides added support for the lower spine by filling in the lower inward curve of your back. The lumbar support can be used for everyday use as additional lower back support or to reduce spinal stress.

Please Note: It is not necessary to use the lumbar support pad with your Lowback™ Backrest Support. If the lumbar support pad feels bulky or uncomfortable, you may not have an excessive lumbar curve that requires extra support.

Q. How is the lumbar support pad positioned?

A. Place your buttocks as far back into the Obus Forme® by Conair™ Lowback™ Backrest Support as possible. Lean forward and insert the lumbar support pad horizontally across your lower back, above your belt line. Lean back so the hollow in the lower back is firmly supported.

Whatever feels comfortable is right for you.

Helpful Hint: To prevent the loss of your lumbar support pad, we recommend you position it inside the backrest's cover. Simply separate the fastener at the back of your backrest and place the lumbar support pad inside the cover toward the front of the backrest. Again, position it where it feels comfortable. Reseal the fastener.

Q. Are there any other uses for the lumbar support pad?

A. Yes, there are a variety of uses for the lumbar support pad:

- Use it as a bolster behind the Obus Forme® by Conair™ Lowback™ Backrest Support to reduce seat depth of chairs and sofas.
- Try it on its own for additional comfort and support in any chair.

Q. How is the Lowback™ Backrest Support cleaned?

A. The cover is made of synthetic materials. It's easy to clean with a mild soap and a sponge, damp cloth, or soft brush. Do not rub the cover excessively or place it in a washing machine. The cover can be removed and hand washed in cool water. Hang to dry.

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To smooth out wrinkled fabric, remove the backrest's cover and iron it using the iron's lowest setting.

Helpful Hint: To increase the air circulation in your backrest, you may remove the thin plastic layer that lies between the foam and the cover. Simply separate the fastener at the back of your backrest, remove the cover, tear off the plastic layer, and replace the cover.

Please Note:

The Obus Forme® by Conair™ Lowback™ Backrest Support may in some cases require time to get used to. Over the years your spine has become less flexible, and needs time to adjust to its natural shape again. If you feel discomfort when using your Lowback™ Backrest Support for the first time, it is recommended that you use it for shorter periods of time, gradually increasing your usage until you feel comfortable.

If you have a very sore back or small curvature (lumbar area), it is highly recommended that you allow yourself a break-in period of at least 30 days in order to obtain the full benefits of your Lowback™ Backrest Support.

Replacement covers are available for the Obus Forme® by Conair™ Lowback™ Backrest Support.

The S-shape form

of the Lowback™ Backrest Support relieves and may help prevent back discomfort by realigning your spine and maintaining a more ideal posture

Convenient carrying handle

Elastic stretch loop

holds Lowback™ Backrest Support firmly in place on most chairs and seats

Removable and adjustable lumbar pad

offers additional back support to suit your individual needs

LIMITED ONE YEAR WARRANTY

Conair will repair or replace (at our option) your unit free of charge for 12 months from the date of purchase if the appliance is defective in workmanship or materials.

To obtain service under this warranty, return the defective product to the service center listed below, together with your purchase receipt and \$10.00 for postage and handling. California residents need only provide proof of purchase and should call 1-800-366-0937 for shipping instructions. In the absence of a purchase receipt, the warranty period shall be 12 months from the date of manufacture.

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OBUSFORME[®] lowback™

BACKREST
SUPPORT

Designed for back pain sufferers



INSTRUCTION BOOKLET FOR MODEL LB1

For your safety and continued enjoyment of this product, always read the instruction book carefully before using.

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THE BODYCARE EXPERTS™

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LB1

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